

WT:3 – Prayer and Spirituality — Q/A

- 1) This devotion consists of Exposition of the Eucharist, adoration, a blessing, and recitation of Divine Praises.
- 2) This is a nine day period of dedicated group prayer, often ending on a feast day or other designated event.
- 3) These are prayers, practices, and expressions of piety that are not parts of official liturgy of the Catholic Church.
- 4) After the institution of this feast day in the 13th century, Eucharistic Processions and Exposition of the Blessed Sacrament became common.
- 5) This devotion, originating in Milan and propagated by the Jesuits, commemorates the period that Jesus was entombed.
- 6) This hymn, whose lyrics were written by Thomas Aquinas, is traditionally sung for Benediction of the Blessed Sacrament.
- 7) The Minor Hours of the Divine office include a hymn, a short passage of scripture, and three of this type of prayer.
- 8) This liturgical book contains the complete Divine Office, recited by religious monks and nuns who have professed solemn vows.
- 9) These daily prayers, sung by monks and contemplatives, include Matins, Lauds, Terce, Sext, Vespers and Compline.
- 10) This type of prayer consists of a series of petitions in call and response form.
- 11) According to Teresa of Avila and John of the Cross, these are the three stages of the spiritual life.
- 12) This refers to a broad range of spiritual practices ranging from meditation and quiet reflection to ecstasies and visions.

- 13) This Carmelite mystic wrote the spiritual classics 'Interior Castle' and 'Way of Perfection'.
- 14) St. Joseph of Cupertino was a Franciscan friar, honored as a mystic, who demonstrated this mystical gift.
- 15) This term refers to the refraining from eating meat, soups and gravies made from meat.
- 16) We use this term to describe acts of self-discipline, including prayer and fasting, and growth in virtue.
- 17) This is the type of prayer in which we ask God to grant our needs.
- 18) This prayer, often said at the end of mass, requests "protection against the wickedness and snares of the devil."
- 19) This traditional Catholic prayer begins "Remember, Oh most Gracious Virgin Mary."
- 20) This is the rite performed by a priest whereby evil spirits are driven out of a person's body in the name of Christ.
- 21) This article, adopted as the Carmelite religious habit, was given by the Blessed Virgin to St. Simon Stock.
- 22) This is the act and ceremony by which a person or thing is dedicated to sacred service or set apart for sacred use.
- 23) The blessing, whose name means "to the city and the world" is given by the Holy Father from the balcony of St. Peter's on special occasion.
- 24) This is an act of mediation or prayer of supplication to God on behalf of another.
- 25) This type of prayer, based on the Latin word for 'to call upon' is a petition to God for blessings, protection, or favor.